

Carthage College Track & Field
Carthage College / Tadd Metzger /
Take Notice Sports Management Invitational
Friday, January 28, 2011

Eligibility: Open to all intercollegiate teams and invited unattached athletes. *With select Elite Events.*

Entry Deadline: Must be received by 12:00 NOON on Wednesday (January 26th). **ENTRY MARKS MUST BE VERIFIABLE PERFORMANCES FROM THE LAST 12 MONTHS!!!**

All entries will be done online at:

Meet sign up = <http://www.aspimeetz.com/13982>

Please Read: Be sure to **Declare** your entries by 12:00 NOON on Wednesday (January 26th) by selecting the declare button at the bottom of the entry page. Undeclared entries will not be recognized by Hy-Tek and thus, will not be entered in the meet. Please enter honest “estimates” rather than “nt” or “nm”. You must include a working phone number or e-mail so if we have questions about your entries or other meet matters – we can contact you. Any entries that are unclear and we cannot make contact with you, will be scratched.

Entry Limit: None. You may run more than one relay team.

Entry Fee: \$175.00 Per Team (\$350.00 Men & Women combined)
Individual Entries - \$20.00 – are permitted
Please make all checks payable to Carthage College

Scratches: Scratches only on day of meet. No additions!

Info Packets: Pick up (and pay fees) upon arrival at finish clerk’s table near finish line.

Track: 6-Lane 200 meter Martin 2000 surface. HJ / LJ/ TJ surface is same as track.

Spikes: 1/8” or 3/16” are maximum allowed. Shoes will be checked!

Timing: Finish Lynx and NCAA rules will govern the meet.

Weigh-In: Throwing implements must be weighed in (at venue) between 9:30 and 10:20 a.m. Any and all illegal implements will be impounded until completion of the event(s).

Results: Available at conclusion of the meet, and posted on results board after each event. Results will also be posted on our website (www.carthage.edu).

NCAA Qualifiers: Coaches are responsible for securing all data for entering his/her national meet qualifiers.

Dressing Rooms: Available on lower level of TARC. Please provide your own towels and locks.

Trainers: Certified athletic training staff will be available throughout the meet.

Meet Director: Stephanie Domin, Women’s Track & Field
Carthage College
Office: (262) 551-5927
Cell: (262) 945-8528
E-mail: sdomin1@carthage.edu

Elite Events: Lamont Dagen
Take Notice Sports Management
Mobile Office: (262) 757-3337
Email: l_dagen@yahoo.com

**Carthage College / Tadd Metzger /
Take Notice Sports Management Invitational
January 28, 2010**

FIELD EVENTS - BEGINNING AT 3:30 P.M.

*WEIGHT THROW	(men followed by women)
LONG JUMP	(men – south pit / women – north pit)
ELITE LONG JUMP	(Men)
POLE VAULT	(men followed by women)
HIGH JUMP	(women followed by men)
ELITE HIGH JUMP	(Women)
TRIPLE JUMP	(to follow completion of Elite long jump)
ELITE TRIPLE JUMP	(Men)
*SHOT PUT	(to follow completion of weight throw – m/w)
ELITE SHOT PUT	(Women)

****Meet management reserves the right to put down a minimum mark line based on
the number of entries in the throwing events****

RUNNING EVENTS - BEGINNING AT 4:00 P.M.

All events run as sections against time. Fast sections will run first!
Women first, followed by men – unless stated otherwise.

DISTANCE MEDLEY RELAY

5000 METER RUN (women)

3000 METER RUN (men)

55 METER HURDLE TRIAL

55 METER DASH TRIAL

ELITE 55 METER DASH TRIAL (Women followed by Men)

MILE RUN (Followed by ELITE MEN'S MILE)

400 METER DASH

55 METER HURDLE – FINAL (men followed by women – 2 sections each)

55 METER DASH – FINAL (2 sections each)

ELITE 55 METER DASH FINAL (2 sections each)

600 METER DASH

800 METER RUN

ELITE 800 (Women)

1000 METER RUN

200 METER DASH

3000 METER RUN (women)

5000 METER RUN (men)

4 x 400 METER RELAY

*Carthage College / Tadd Metzger /
Take Notice Sports Management Invitational*

Prize Money for Elite Events

The prize money for all of the elite events will be paid in the following structure:

1st Place - \$300

2nd Place - \$150

3rd Place - \$50

This is the guaranteed prize money at this time. The prize money may increase pending additional sponsor contributions.

NO COLLEGIATE ATHLETES WILL BE ABLE TO ACCEPT ANY PRIZE MONEY IF THEY COMPETE IN ELITE EVENTS, WITHOUT FORFEITURE OF REMAINING ELIGIBILITY.

Travel and Housing

Athletes will be able to fly into O'hare International Airport, Chicago, IL (ORD) or into Mitchell International Milwaukee, WI (MKE) (closer to Kenosha).

Shuttle and Housing information will be sent in a separate cover.

<i>55 Meter</i>	<i>7.13</i>	<i>Nora Kuiper</i>	<i>Hope</i>	<i>2009</i>
<i>55 Hurdles</i>	<i>8.23</i>	<i>Sheena Grigsby</i>	<i>Carthage</i>	<i>2006</i>
<i>200 Meter</i>	<i>24.97</i>	<i>Barabara Szlendakova</i>	<i>Greater Milwaukee</i>	<i>2007</i>
<i>400 Meter</i>	<i>58.70</i>	<i>Anneli Melin</i>	<i>Unattached</i>	<i>2002</i>
<i>600 Meter</i>	<i>1:36.16</i>	<i>Jessica Lamp</i>	<i>UW-Parkside</i>	<i>2007</i>
<i>800 Meter</i>	<i>2:15.14</i>	<i>Naomi Bong</i>	<i>UW-Parkside</i>	<i>2008</i>
<i>1000 Meter</i>	<i>2:56.39</i>	<i>Jill Winkler</i>	<i>UW-Parkside</i>	<i>2007</i>
<i>1500 Meter</i>	<i>4:49.87</i>	<i>Julie Deyo</i>	<i>St. Norbert</i>	<i>2003</i>
<i>1 Mile</i>	<i>5:05.63</i>	<i>Valerie Kelly</i>	<i>UW-Parkside</i>	<i>2007</i>
<i>3000 Meter</i>	<i>9:56.80</i>	<i>Bethany Brewster</i>	<i>WI Runner</i>	<i>2008</i>
<i>5000 Meter</i>	<i>17:41.79</i>	<i>Jenni Goebel</i>	<i>UI-Chicago</i>	<i>2005</i>
<i>4 x 200 Relay</i>	<i>1:44.35</i>	<i>Lady Panthers</i>	<i>UW-Milwaukee</i>	<i>2004</i>
<i>4 x 400 Relay</i>	<i>4:00.57</i>	<i>Huskies</i>	<i>Northern IL</i>	<i>2010</i>
<i>DMR</i>	<i>11:56.20</i>	<i>Panthers</i>	<i>UW-Parkside</i>	<i>2008</i>
<i>High Jump</i>	<i>5' 5 ¾</i>	<i>Liz Berquist</i>	<i>Northern IL</i>	<i>2008</i>
<i>Long Jump</i>	<i>18' 7 ½"</i>	<i>Lucia Abel</i>	<i>North Park</i>	<i>2004</i>
<i>Triple Jump</i>	<i>37'6 ½"</i>	<i>Jenner Sio</i>	<i>Northern IL</i>	<i>2010</i>
<i>Pole Vault</i>	<i>11' 9 ¾"</i>	<i>Carrie Schmid</i>	<i>Marquette</i>	<i>2007</i>
<i>Shot Put</i>	<i>44-4 ½</i>	<i>Meagan Guenther</i>	<i>Northern IL</i>	<i>2008</i>
<i>20# Weight</i>	<i>58-6</i>	<i>Meagan Guenther</i>	<i>Northern IL</i>	<i>2008</i>

***Carthage / Tadd Metzger Invitational
Men's Meet Records***

<i>55 Dash</i>	<i>6.36</i>	<i>Patrick Hunter</i>	<i>Northern Iowa</i>	<i>2005</i>
<i>55 Hurdles</i>	<i>7.60</i>	<i>Dave Ashford</i>	<i>Unattached</i>	<i>2005</i>
<i>200 Meter</i>	<i>22.45</i>	<i>Rick Hutchins</i>	<i>Concordia-WI</i>	<i>2005</i>
<i>400 Meter</i>	<i>49.15</i>	<i>Josh Slamka</i>	<i>Unattached</i>	<i>2004</i>
<i>600 Meter</i>	<i>1:21.77</i>	<i>Gabe Wagoner</i>	<i>UW-Milwaukee</i>	<i>2004</i>
<i>800 Meter</i>	<i>1:54.72</i>	<i>Justin Gorman</i>	<i>UW-Milwaukee</i>	<i>2004</i>
<i>1000 Meter</i>	<i>2:30.89</i>	<i>Chris Leikert</i>	<i>Aquinas</i>	<i>2008</i>
<i>1500 Meter</i>	<i>4:00.58</i>	<i>Tony Escarcega</i>	<i>Unattached</i>	<i>2003</i>
<i>Mile Run</i>	<i>4:22.06</i>	<i>Mike Runyon</i>	<i>Dick Pond Athletics</i>	<i>2008</i>
<i>3000 Meter</i>	<i>8:28.61</i>	<i>Travis Nechuta</i>	<i>UW-Stevens Point</i>	<i>2008</i>
<i>5000 Meter</i>	<i>14:48.99</i>	<i>Quinn Newton</i>	<i>UW-Parkside</i>	<i>2003</i>
<i>4 x 200 Relay</i>	<i>1:32.28</i>	<i>Fighting Scots</i>	<i>Monmouth</i>	<i>2002</i>
<i>4 x 400 Relay</i>	<i>3:24.16</i>	<i>Rangers</i>	<i>UW-Parkside</i>	<i>2004</i>
<i>DMR</i>	<i>10:29.82</i>	<i>Saints</i>	<i>Aquinas</i>	<i>2002</i>
<i>High Jump</i>	<i>6' 6"</i>	<i>Erik Thompson</i>	<i>Aquinas</i>	<i>2002</i>
<i>Long Jump</i>	<i>23' ¾ "</i>	<i>Buzzy Brown</i>	<i>Carthage</i>	<i>2009</i>
<i>Triple Jump</i>	<i>49'4 ½ "</i>	<i>Troy Doris</i>	<i>College of DuPage</i>	<i>2009</i>
<i>Pole Vault</i>	<i>15' 5</i>	<i>Mark Cufaude</i>	<i>UW- Stevens Point</i>	<i>2008</i>
<i>Shot Put</i>	<i>52' 8 ¼"</i>	<i>Ross Kapp</i>	<i>UW-Whitewater</i>	<i>2005</i>
<i>35# Weight</i>	<i>59' 9 ½"</i>	<i>Paul Markel</i>	<i>Hope</i>	<i>2003</i>